

Are taste changes due to cancer or its treatments making you malnourished?

We are looking for adults 18 years and older diagnosed with **Multiple Myeloma** to examine the taste perceptions and changes to prevent malnutrition.

Many individuals with cancer develop taste changes that impact their nutritional status leading to a risk of malnutrition. This study aims to evaluate the taste perceptions of Oral Nutritional Supplements in cancer patients (multiple myeloma) and how this affects consumption. Understanding how you experience taste and flavour means we are better able to support your needs.

Greater palatability translates into better compliance, delivers nutritional benefits, and potentially improves cancer patients' outcomes, making this essential to improve your overall quality of life. This research seeks to enhance the consumption of oral nutritional supplements.

Participants will be asked to participate in:

- An online survey (5 minutes)
- An online interview followed by taste analysis (30 minutes)

If you would like to take part in the study or ask a question about this study, please contact:

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